

# YOGA FLOW VINYASA FLOW YOGA INTENSIVE APPLICATION

**We recommend that applicants to this Yoga Intensive meet the following standards:**

- Have a regular weekly practice that spans at least 6 continuous months
- Have moderate health, and free of any potentially serious medical condition that could prevent a thorough physical practice, or that could be exacerbated by a vigorous yoga practice (students will be required to sign a health statement during the application interview)
- Have completed a high school degree (GED) or higher

## PERSONAL INFORMATION

<b>NAME:</b>					<b>D.O.B.</b>				
LAST		FIRST			M.I.		(MM/DD/YY)		
<b>ADDRESS:</b>									
STREET			APT #		CITY		STATE		ZIP
<b>PHONE #:</b> ( )		( )			<b>GENDER:</b> <input type="checkbox"/> Male <input type="checkbox"/> Female				
HOME		CELL							
<b>E-MAIL ADDRESS:</b>					<b>CURRENT OCCUPATION:</b>				
<b>OTHER INTERESTS &amp; HOBBIES:</b>									
<b>HOW DID YOU HEAR ABOUT THIS PROGRAM:</b>									

## HIGH SCHOOL & CONTINUED EDUCATION

HIGH SCHOOL	CITY, STATE	DATE OF GRADUATION	COURSEWORK STUDIED
SCHOOL	CITY, STATE	DATE(S) OF STUDY	COURSEWORK STUDIED
SCHOOL	CITY, STATE	DATE(S) OF STUDY	COURSEWORK STUDIED

**For Office Use Only:**

Fee:	Date:
Deposit:	Date:
Full Pmt:	Date:
COE: <input type="checkbox"/>	HS: <input type="checkbox"/>

**Please answer the following questions (if extra space is needed, you may continue on a separate sheet of paper, no more than 350 words per section):**

1. Please describe your yoga experience up to this point.

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2. What does practicing yoga mean to you?

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3. Why are you interested in participating in this Yoga Intensive and what are the top three things you expect to have gained by the end of the program?

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4. Do you have any previous experience with other yoga intensives in other styles? If yes, please describe your experience in further detail.

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5. If you do not meet the program's recommendations, outlined on the first page of this application, please submit a 300-word essay explaining why you believe you should be admitted.

**Submit your completed form to:**

Yoga Flow (mailing address) #330, 2818 N Campbell Ave, Tucson, 85719, or  
Deliver in person to our studio space at 3131 N Cherry Ave, Tucson, AZ 85719

**Please remember to include the following items with your application:**

- \$25 non-refundable Application Fee in the form of a check paid to: Yoga Flow
- A resume detailing your educational and work experience
- One (1) professional Letter of Recommendation
- Two(2) current references, either personal or professional

**Upon your acceptance to Yoga Flow's yoga intensive you will be required to make a minimum \$750 deposit to hold your spot, with the tuition remainder due at the beginning of the session. If you choose not to participate in the program, we will refund your deposit, less a \$150 processing fee, up to one week before the session's start date. For a more detailed outline of available payment plans and refund dates, please contact the studio.**